

## Lap Band Recommended

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Being yet one of many happy lap band patients, Katherine says that she initially had some issues with her insurance, but they were soon worked out. She credits her lap band center with helping her work through that.

One of a number of good pieces of news on the lap band scene is that more insurance companies are picking up a part or the entire tab for lap band surgery. By doing so, it opens the doors for more people to have the procedure knowing that insurance is their to assist them.

Now that she is yet another person who can say that Lap Band Changes Life, Katherine is quick to point out that she would recommend the surgery to anyone who is looking into losing weight through surgery.

With her ultimate weight goal loss being that of 60 pounds, Katherine is running her way to a better and healthier life, all because of a procedure known as lap band.

For Katherine, her race to lose the weight was made a little easier through the lap band procedure and her willingness to not just settle for being overweight.